

# The legend lives on... Spring Academy 2012



## Welcome All Who Wish to Join!

The Spring Academy is a great place to hone your skills and understanding of the outdoor game of field hockey. The focus will be on the basics of pushing, sweeping, driving, receiving, game sense, field awareness, vision, ball position and speed. Then we will move on to incorporating other outdoor skills such as the time and place to use lifts, punch dodges, chip shots and drag flicks. We will also incorporate scrimmages to build the field sense and competitive spirit.

Our goal at X-Calibur is to develop the skills and knowledge of every player to better prepare them for the adventure they will experience in their future years in field hockey.

For questions or additional information, please contact Clarence Jennelle at (610)322-8557 or by email at [jennellec6@aol.com](mailto:jennellec6@aol.com).

## TRAINING DATES

Sunday Dates	Athletes	Age	Time***
Sunday March 18th, 25th	Beginner	6-12	12:00 - 2:00 PM
Sunday April 1st, 15th, 22nd, 29th	Intermediate	13-15	2:00 - 4:00 PM
Sunday May 6th, 15th	Experienced	16-19	4:00 - 6:00 PM

\*\*\*Times are tentative & pending player enrollment.

Head Coaches Clarence Jennelle & Brian Hope are assisted by Travel Team Coaches.

All sessions are held at [422 Sportsplex](#) in Pottstown.

## COSTS

Early Registration Fee - \$180.00\*

Includes 16 hrs. court time  
Individualized Instruction

Register by March 1st & save \$15!

\*After 3/1/2012, cost is \$195

Make checks payable to X-Calibur FHC.  
Please indicate *name of player & spring academy* on your check.

## REGISTRATION

Please follow the link below for online registration.

Register for [Spring Academy](#) or  
go to our site at [xcaliburfieldhockey.com](http://xcaliburfieldhockey.com)

Spots are limited and fill quickly!